



SALADS:

Pear & gorgonzola salad \$6

Fresh pear, candied pecans, gorgonzola cheese, arrugola & spinach w/ balsamic dressing

Pinocchio salad \$6

Spinach, butter lettuce, roasted tomato, cucumbers, olives, goat cheese, almonds w/ honey dressing

Ruspante salad- \$6

Mixed greens, hearts of palm, and grilled chicken breast w / balsamic dressing

Carciofi salad- \$6

Arrugola, artichoke hearts, fresh mozzarella, roasted tomatoes w/balsamic dressing

Chicken Caesar salad- \$7

Romaine lettuce, croutons, parmesan cheese, and grilled chicken w/ Caesar dressing

Verde salad- \$6

Mixed greens, carrots, cucumber, tomato, and fennel w/ balsamic dressing

Kale salad- \$6

Baby kale w/apple, cucumber, almonds, pecorino cheese, tomato w/balsamic dressing

Beet salad- \$6

Mixed greens, beets, goat cheese, candied pecans w/ balsamic dress

PASTAS:

Spaghetti w/ turkey meatballs in marinara sauce

Spaghetti Bolognese- pasta w/meat sauce

\$6

Penne fume- smoked bacon w/ pink sauce

\$6

Penne arrabiata- broccoli & chicken in a spicy tomato sauce

\$6

Farfalle salsiccia- Bow tie pasta w/ chicken sausage, peas, fresh tomato & a touch of cream

\$6

Rigatoni Melanzane-Rigatoni w/ eggplant, & basil in fresh tomato pp topped w/mozzarella

\$6

*We can substitute any pasta for spaghetti squash.

PANINIS:

Panino Tacchino-Smoked turkey breast sundried tomato paste, artichoke hearts, roasted tomato, arrugola & pecorino cheese \$6

Panino Pollo-Grilled chicken breast, spinach, roasted tomato, and pesto

\$6

Panino Milanese-Crispy chicken breast, arrugola, tomato, mayo and pesto

\$6

Panino Roastbeef- Swiss cheese, butter lettuce, caramelized onions, mayo, dijon mustard & roastbeef

\$6

Panino Gustoso-Grilled zucchini, eggplant, bell pepper, roasted tomato, mushrooms & goat cheese \$6

Panino Salsiccia-Spicy chicken sausage patty, smoked mozzarella, avocado, lettuce, tomato, dijon mustard & mayo \$6

PIZZAS : 6" personal

Cheese \$5

Pepperoni \$6

Chicken sausage \$6

Grilled veggies \$6

MAIN DISHES:

Pollo parmesan- served w side of spaghetti marinara

\$10

Pollo piccata- chicken breast w lemon & capers served w a side of Angel hair in olive oil & garlic

\$10

Salmon- grilled salmon served w veggies

\$10

*NO SUBSTITUTIONS PLEASE. WE APPRECIATE YOUR SUPPORT